

## Abacus Child Care & Education Centre

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Tea	Fresh Fruit/Vegetables	Fresh Fruit/Vegetables	Fresh Fruit/Vegetables	Fresh Fruit/Vegetables	Fresh Fruit/Vegetables
	Milk/Water	Milk/Water	Milk/Water	Milk/Water	Milk/Water
Lunch	Pumpkin & Sweet Corn	Savoury Lamb Mince	Cheese Crusted Tomato Hoki	Meatball Paprikash	Chicken Bacon & Mushroom Casserole
	Soup	Pasta	Vegetables	& Vegetables	Rice & Vegetables
	Sliced Bread	Sliced Bread	Sliced Bread	Sliced Bread	Sliced Bread
	Water	Water	Water	Water	Water
Afternoon Tea	Fresh Fruit/Vegetables	Fresh Fruit/Vegetables	Fresh Fruit Salad	Fresh Fruit/Vegetables	Baked Beans
	Ham Sandwiches	Saos & Cheese	Vanilla Yoghurt	Crackers & Cheese	Toast
	Milk/Water	Milk/Water	Milk/Water	Milk/Water	Milk/Water

**Nursery:** As above with pureed/mashed fruit and vegetables to suit individual needs.

**Late snack:** Fresh Fruit will be available for children.

Nursery will be provided with a variety of age appropriate snacks, fruit toast yoghurt etc.