

## Abacus Child Care & Education Centre

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Tea	Fresh Fruit/Vegetables  Milk/Water	Fresh Fruit/Vegetables  Milk/Water	Fresh Fruit/Vegetables  Milk/Water	Fresh Fruit/Vegetables  Milk/Water	Fresh Fruit/Vegetables  Milk/Water
Lunch	Citrus Baked Fish  Vegetables  Sliced Bread  Water	Lamb Savoury Mince  Pasta  Sliced Bread  Water	Butter Chicken  Rice  Sliced Bread  Water	Spanakopita  Vegetables  Sliced Bread  Water	Potato Topped Beef Pie  Vegetables  Sliced Bread  Water
Afternoon Tea	Fresh Fruit/Vegetables  Crackers & Dip  Milk/Water	Fresh Fruit/Vegetables  Cornflake Cookies  Milk/Water	Fresh Fruit/Vegetables  Cruskits & Cheese  Milk/Water	Fresh Fruit/Vegetables  Cheese Sandwich  Milk/Water	Fruit Salad  Vanilla Custard  Milk/Water

**Nursery:** As above with pureed/mashed fruit and vegetables to suit individual needs.

**Late snack:** Fresh Fruit will be available for children.  
Nursery will be provided with a variety of age appropriate snacks, fruit toast yoghurt etc.