

Wednesday 23 September 2009

## **A dining room and kitchen with a difference at Appletree Child Care and Education Centre**

One of Communities@Works longest operating child care centres has introduced a new children's only dining room and kitchen.

Appletree House Child Care & Education Centre which opened its doors over twenty five years ago has just completed a children's dining room and kitchen to support and assist healthy eating habits and to education the children about healthy eating and active lifestyles.

The new area has created an environment which will enhance the feeling of belonging and connectedness while providing daily nutritious meals which the children will help create.

Karen Pollard Appletree House's nutrition manager said "we can now plan nutritious cooked meals for the children which will maintain their overall health and wellbeing".

Lee Maiden Executive Direction of Children Services for Communities@Work said "The dining and kitchen area will increase the centres capacity to support the strategic priorities of the Health Promoting Schools Model."

Future plans are already 'on the table' to create 'alfresco' dining areas for the children.

Communities@Work operates 11 Early Childhood Centres supporting families and children in the Tuggeranong, Ngunnawal, Parliamentary Triangle and Weston Creek regions. Our programs work closely with families providing information and support on healthy habits and lifestyles.

The funding for the kitchen area was received from The Asset Management Branch of The Department of Housing and Community Services.

For more information call 6176 0200 or visit our website [www.commsatwork.org](http://www.commsatwork.org)

**Contact: Candice Brittain, Manager Fundraising and Partnerships**

**6293 6572 or 0423 761 882**

[candice.brittain@commsatwork.org](mailto:candice.brittain@commsatwork.org)

DRAFT