

Communities@Work

2019

Teens After School Care Gungahlin | February

Contact the Lifestyle Services Team to book: (02) 6293 6500

MON 4 Afternoon tea provided	TUE 5 Afternoon tea provided	WED 6 Afternoon tea provided	THU 7 Afternoon tea provided	FRI 8 Afternoon tea provided
				
Swimming	Cooking	Sports and fitness at the park	Crazy science	In-house movies
				
Art and craft	Self-care workshop	Literacy and numeracy skills	Gardening	Photo collage
MON 11 Afternoon tea provided	TUE 12 Afternoon tea provided	WED 13 Afternoon tea provided	THU 14 Afternoon tea provided	FRI 15 Afternoon tea provided
				
Swimming	Sports and fitness at the park	Cooking	Bake off	Wellness and mindfulness
				
Gardening	Create a self-care plan	Gardening	Art and craft	Literacy and numeracy skills

- Assistance with homework and life skills can be provided throughout the afternoon
- Clients wishing to swim in the afternoon should bring their swimmers.
Swimming will be permitted only when client to staff ratios allow.

2019

Communities@Work

Teens After School Care Gungahlin | February

Contact the Lifestyle Services Team to book: (02) 6293 6500

MON 18 Afternoon tea provided	TUE 19 Afternoon tea provided	WED 20 Afternoon tea provided	THU 21 Afternoon tea provided	FRI 22 Afternoon tea provided
				
Swimming	Practicing coping strategies	Sports and fitness at the park	Cooking	Computer skills
				
Indoor bowling	Literacy and numeracy skills	Board games	Art and craft	Gardening
MON 25 Afternoon tea provided	TUE 26 Afternoon tea provided	WED 27 Afternoon tea provided	THU 28 Afternoon tea provided	FRI 1 March Afternoon tea provided
				
Swimming	Cooking	Basketball competition	Literacy and numeracy skills	Sports and fitness at the park
				
Card games	Kitchen safety skills	Art and craft	Gardening	Card games

- Assistance with homework and life skills can be provided throughout the afternoon
- Clients wishing to swim in the afternoon should bring their swimmers. Swimming will be permitted only when client to staff ratios allow.