

MAY | 2021

Monday

May 3rd

THE SCOOP 10am-1pm

Come along to watch the movie 'POMS' and help write a review for the seniors newsletter!

FUN & GAMES 1:30pm-3:30pm

Join with friends for afternoon tea as we get to know each other a little better over a game of 'Never have I ever'.

May 10th

THE SCOOP 10am-1pm

Join with friends and put your thinking caps on as we write a feature story for the newsletter!

FUN & GAMES 1:30pm-3:30pm

Join us as we continue making our Peg Dollys! Afterwards, share in some afternoon tea with friends

Thursday

May 6th

LETS GET PHYSICAL 9:30am-11:30am

Start your morning right with chair yoga! Afterwards, join in morning tea and a game or two!

BOOKWORMS & FILMBUFFS

1pm-3:30pm

Come along as we continue the series 'The Crown' over afternoon tea and popcorn!

May 13th

LETS GET PHYSICAL 9:30am-11:30am

Start your morning right with chair yoga! Afterwards, join in morning tea with the group and play a game or two!

BOOKWORMS & FILMBUFFS

1pm-3:30pm Join with friends as we watch a movie of your choice! Popcorn included!

Friday

May 7th

SPICE OF LIFE 10am-2pm

Come along as we celebrate Mothers! We will play a fun game of 'mother's recognition' using old photos of clients as a babies, children or young people. After lunch, we will continue with some writing exercises and create our own mother-inspired haiku poems.

May 14th

SPICE OF LIFE 10am-2pm

Come along and learn about Eid al Fitr - celebrating the end of Ramadan by Muslim people. We will eat a delicious traditional Turkish lunch before activities that will teach us about Muslim culture.

Monday

May 17th

THE SCOOP 10am-1pm

Feeling hungry? We are putting together a list of recipes to feature in the seniors newsletter! From winter warmers to something sweet, there will be something simple and delicious for everyone!

FUN & GAMES 1:30pm-3:30pm

Bring out your inner artist as we try our hand at stone painting! Afterwards, share afternoon tea with friends.

May 24th

THE SCOOP 10am-1pm

Its time to put your thinking caps on as we edit the seniors newsletter and prepare it for publication!

FUN & GAMES 1:30pm-3:30pm

Fancy some more flowers around the house? Join us as we make our own flowers, perfect for a gift or to keep for yourself!

Thursday

May 20th

LETS GET PHYSICAL

9:30am-11:30am

Start your morning right with chair yoga! Afterwards, join in morning tea with the group and play a game or two!

BOOKWORMS & FILMBUFFS

1pm-3:30pm

Come along as we continue the series 'The Crown' over afternoon tea and popcorn!

May 25th

LETS GET PHYSICAL

9:30am-11:30am

Start your morning right with chair yoga! Afterwards, join in morning tea with the group and play a game or two!

BOOKWORMS & FILMBUFFS

1pm-3:30pm Join with friends as we watch a movie of your choice! Popcorn included!

Friday

May 21st

SPICE OF LIFE 10am-2pm

Come and celebrate Library and Information Week! Get creative as we make our own bookmarks before a representative from Libraries ACT speaks to us about what programs are available for you to participate in at your local library. Afterwards, share in lunch with friends!

May 28th

SPICE OF LIFE 10am-2pm

Join us as we host Australia's Biggest Morning Tea! Dress in yellow and blue and enjoy some fun craft activities and games. Gold coin donations will be given to The Cancer Council to continue their great work and research.